

Smart Liposuction Is A No Brainer

Having trouble losing those last few pounds even though you diet and exercise? Then there may be good news because you could be a perfect candidate for smart liposuction to get rid of those last few stubborn pounds. Smart liposuction is a new alternative to traditional liposuction that works very well to remove fat and help you tighten up your problem areas.

How Does Smart liposuction Work?

Smart liposuction doesn't just vacuum out fat, it first melts fat with a precision laser. If the fat that is melted is not vacuumed out during liposuction procedure it is later excreted as waste. The lasers can even distinguish between fat cells and other tissues like nerves and blood vessels making smart liposuction quite safe and effective.

Smart liposuction begins with the cosmetic surgeon injecting a saline solution into the area to shrink the blood vessels and numb the area. He then uses the laser to liquefy the fat that will be removed. Finally a cannula is inserted to vacuum out the dissolved fat tissue.

The Perfect Smart Liposuction Candidate

Smart liposuction is perfect for those who have just a small amount of fat that needing removal. Just like other types of liposuction this is not meant to be a weight loss method. The perfect smart liposuction candidate should have no more than ten pounds to get to their goal weight.

What Body Parts Are Well Suited for Smart Liposuction?

Arms, chest, back, legs, abdominals and facial areas and are all good places to use smart liposuction. There are no limitations on where you can use smart liposuction to remove fat deposits.

Smart Liposuction Cost

Smart liposuction is similar in cost to standard liposuction. The overall expense will vary based on where in the U.S. you have your liposuction done. Certain body parts like the upper abs are also a bit more costly. Overall you should plan on paying anywhere from \$2500 and up to \$5000 per body part.

What Benefits Does Smart Liposuction Offer?

Smart liposuction has a variety of advantages when compared with standard liposuction. The tubes used with standard liposuction are typically much larger than those used in smart liposuction. These smaller tubes mean less pain and discomfort for you in addition to more control for the doctor. The increased precision means the doctor can provide a better end result.

There is also a lesser degree of bleeding, swelling and bruising associated with smart liposuction since the laser not only liquefies the fat, but also cauterizes the blood vessels in the surrounding tissue. Because of this the recovery times are faster with smart liposuction. The average length to heal is only two days with smart liposuction compared with seven days for traditional liposuction. In addition you only need to wear a compression garment after your surgery for 2 weeks instead of the normal 6 weeks.

An additional benefit of smart liposuction is that the heat generated by the laser will increase the skins collagen production and the skin will tighten naturally, kind of like shrink wrap. Standard liposuction doesn't provide this benefit at all and often times additional tucks and lifts are required to remove excess skin when standard liposuction is done.

Those who have just small amounts of fat to get rid of will likely find that they are good candidates for smart liposuction. If you have the chance to opt for smart liposuction you should do so as it is an improved technique that provides great results.

About the Author

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